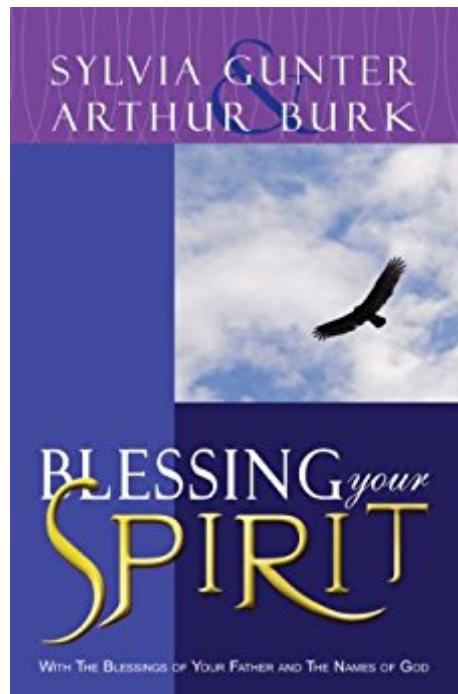


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# Blessing Your Spirit



## **Synopsis**

Our human spirit is responsive. When it is ignored, it will atrophy. When it is nurtured it will grow. Truth is the nutrient that most powerfully transforms your spirit. Your spirit needs to know the truth about you and about God. Some of that truth is spoken by the Spirit of God to your spirit and some is input that you deliberately seek. This book is a series of blessings designed to leverage the growth of your spirit. It begins with a fathering theme. For 40 days, legitimacy and identity are explored from the Father's perspective. Then after we have seen ourselves from God's perspective, He invites us to see Him. There are 21 more days of blessings flowing from the names of God. Finally at the end of the book there is a list of verses that describe the range of activities and emotions of the human spirit. These are designed to help you develop a working theology of your own spirit. This tool can significantly improve your marriage and your relationship with your children. The most exciting transformation through is when you become much more at peace with yourself and when you discover facets of your own nature that you did not know were there.

## **Book Information**

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## **Customer Reviews**

I have found if I read this aloud to myself before going to bed, my sleep is sweeter and my mood in the morning is good. I've also noticed those nights when I didn't read this before bed and those nights were not good, and some mornings not very positive. It's the truth within the pages that resonate. This isn't a cure-all, but it sure helps to realign and adjust my spirit

Profoundly effective in encouraging people close to you and yourself! As I read these blessings to the people I love I'm blessed and it's a win/win all around. I'm writing this review now because I'm so impressed with simply the first seven blessings, I've been reading and meditating on those and they're great. And I still have to do the rest of the book! It's a great resource that I'll be availing myself to for years, I have no doubt. When I first got it and flipped through it, I got deep chills (the good kind) just glancing over the material. It seems to have blessings for so many stages of life. Very empowering if encouraging your spirit and living from it is an important thing to you.

The spiritual prayers here are unlike anything I have ever seen before. I found this book at a conference and I loved it from the beginning. Praying to your spirit. Praying to your soul. Praying to your body. These are amazing prayers. I never thought of doing this before. I was never taught this anywhere. I am so glad we found this book. God blessed us with our first copy 6 years ago. My wife's copy is totally marked up with notes. She uses it almost every day. I just ordered another for myself. so now I have a copy too!

Looking forward to reading this book that came highly recommend

If you are wanting to grow deeper and even helping a spouse or children, this is a great prayer guide. I have prayed this over my husband and have seen changes in his attitude within hours. It is just reminding him of who he is in Christ.

An amazing book, truly a real blessing. The results of praying the prayers are life changing causing your spirit to rise and to live out of your spirit and not your soul. It brings you into a new alignment, hearing God's voice and allowing the plans and purposes God had for you from the beginning of time come to fruition. Praying these prayers over others has the same effect - life changing by God rising up there spirit and changing them; not by your works but by faith.

This book has been life changing! Each day that I speak the prayers over myself and my spirit, I

immediately sense a strength and a shifting in my spirit. These prayers of blessing are incredibly powerful. I highly recommend this book if you are wanting to live and walk in freedom and in the power of the Holy Spirit, fully alive to who you have been created to be. Thank you, Sylvia and Arthur, for responding to the Holy Spirit and making this important book available to all who would want their spirit blessed.

Love This Book!! It is perfect to put on your nightstand and start or end the day with blessings. The prayers are powerful and beautifully written. This is one book that I am going to buy for Christmas presents for family members and friends. Prayer for Obedience: "I bless you with experiencing the rich love of your Father as you are obeying Him. I bless you with seeing, hearing, and knowing the pleasure of your Father when you demonstrate your love for Him by your love for His commandments." Results of your obedience: "I bless you with understanding natural law, the universal cause and effect relationships that God has installed in the world, and with finding tremendous joy in understanding the designs of nature, of relationships, of spiritual intimacy and power." I purchased a Kindle Edition, but I need another book for my nightstand.

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